

# SYMPTOMS OF PERNICIOUS ANAEMIA

## COMMON OR EARLY ONSET SYMPTOMS

- Shortness of Breath
- Extreme Fatigue
- Brain Fogs
- Clumsiness/Lack of coordination
- Brittle, flaky nails & Dry Skin

## NEUROLOGICAL SYMPTOMS

- Balance Problems
- Dizziness/Feeling Faint
- Numbness/Tingling/Pins and Needles
- Burning Legs and/or Feet
- Neuropathic Pain/Fibromyalgia
- Vertigo
- Tinnitus
- Sensory Impairment

## BEHAVIOURAL CHANGES

- Irritability/Frustration/Impatience
- Sudden Mood Swings
- Depression
- Loss of Libido
- Sleep Disturbance
- Confusion/Dementia

## ORAL CAVITY SYMPTOMS

- Mouth Ulcers
- Swollen, 'Beefy' Tongue
- Cracked Tongue

## GASTROINTESTINAL SYMPTOMS

- Sudden Unaccountable Diarrhoea
- Poor Digestion
- Loss of Appetite/Weight Loss

## OTHER REPORTED SYMPTOMS

- Hair loss
- Premature grey hair
- Menstrual Problems
- Infertility
- Vision Problems
- Incontinence

There are a number of other symptoms that are not listed here. Just because what you experience is not listed doesn't mean that it isn't caused by your Pernicious Anaemia.