



## Did you know?

Information is based on our members survey published in the BJA (British Journal of Anaemia) April 2014

**33%**  
of patients

waited 5 years or more for a diagnosis

*You **cannot** overdose on Vitamin B<sub>12</sub> because it is a water soluble vitamin*

**44%**  
of patients

were initially misdiagnosed

*The current test for Pernicious Anaemia has been shown to be seriously flawed*

**40%**  
of patients

with B<sub>12</sub> def will have normal sized red blood cells - Enlarged red blood cells are not a reliable indicator of B<sub>12</sub> def

*The treatment for Pernicious Anaemia is for Life and should **NEVER** be stopped*

**35%**  
of patients

show a false high result when using the current B<sub>12</sub> status test

*New Guidelines have been issued by the British Committee for Standards in Haematology, June 2014*

**64%**  
of patients

with Pernicious Anaemia are unhappy with their treatment

*Low Levels of B<sub>12</sub> cause rapid Brain Shrinkage and Dementia*

Come and see us or visit our website for more details

[www.pernicious-anaemia-society.org](http://www.pernicious-anaemia-society.org)

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