Left untreated Pernicious Anaemia can lead to serious irreversible nerve damage

Don’t ignore these symptoms

- Tiredness
- Shortness of Breath
- Pins and needles
- Numbness
- Unusual Gait
- Balance Problems

Ask your Medical Professional to check your Vitamin B₁₂ levels.

For more information visit our website

www.pernicious-anaemia-society.org